



PRIME TIMERS

Adult Ministry Newsletter

February 2023

The season of Lent begins early this year with Ash Wednesday on February 22. We will be scaling back on social activities during the Lenten season but there are several Parish-wide activities in which to participate to keep connected with other Prime Timers, including the Knights of Columbus weekly fish fries after Stations of the Cross each Friday at 6:00 p.m. Please see below for Lenten activities in our Parish to help us on our Lenten journey. May this season bring us closer to holiness as we prepare for Easter.



February Activities



Lunch Bunch – February 15

Join us for a “catching up with friends” lunch at O’Charley’s, 11335 Parkside Dr. on **Wednesday, February 15** at 1:00 p.m. Please **RSVP to Donna by Monday, February 13** at penguin7@prodigy.net or 865-531-3839.



MARDI GRAS DANCE & BENEFIT – FEBRUARY 21, 6-9PM



Dust off your dancing shoes and join us **Tuesday, February 21**, for **Mardi Gras 2023** – a fund raiser to benefit Ladies of Charity. The event will be held in the All Saints Parish Hall from 6:00 to 9:00 p.m. with music to be provided by a local disc jockey. Samples of Louisiana food items, finger foods and other snacks will be available. Suggested donation is \$15 per person or \$25 per couple. Auction tickets will also be sold separately. The event is sponsored by the Prime Timers and Knights of Columbus and is open to all. Help is needed with food items, decorating and clean-up. For more information or to RSVP, please contact Kathy Ernst at 865-548-8209 or kathy_ernst@yahoo.com. **Please RSVP by Saturday, February 18**, for planning purposes.

White elephant items in good condition are needed for our ticket auction and silent auction.

*Collection of items is being coordinated by Mary Mix. Please contact her **after February 11** at mixm56@yahoo.com or text 865-206-4362 to arrange drop-off or for any questions. Items may also be brought to our monthly lunch on Wednesday, February 15 or placed in the box in the Narthex marked "donations" to Ladies of Charity at any time prior to the Mardi Gras event.*



Volunteer Opportunities

Second Harvest: Our February volunteer opportunity at Second Harvest is scheduled for **Friday, February 17** from 9:00 a.m. to 12:00 Noon. Caravanning from All Saints is available at 8:30 a.m. or meet at Second Harvest at 136 Harvest Lane, Maryville, TN 37801. We have 5 to 10 spots available. Please contact Donna Terzak at penguin7@prodigy.net or 865-531-3839 if you can help. Volunteer hours benefit Ladies of Charity.

While casual attire is welcome (jeans, shorts, t-shirts, etc.), attire must be appropriate for a family environment. **Open toed shoes are prohibited.** Jewelry must be limited to rings only. Second Harvest is concerned for our safety. In addition, bring a sweater or light jacket in case we are assigned to the "cold room."

What's Cooking? A Priest Appreciation Meal: The Prime Timers will be providing a meal for our priests on **Tuesday, February 14.** ❤️

A tossed salad OR vegetable and bread is needed for 3 priests. (Please be aware of portions so food doesn't have to be thrown away.) You may also bring fresh fruit, but *no high sugar cakes or pies*. Please use disposable containers only (so there are no dishes to wash or return). Bring food to the Parish office by Noon and food will be put in refrigerator for priests to eat at their leisure. Priests may want to bring food back to rectory on their own. If you would like to help with this meal, please contact Donna at penguin7@prodigy.net or 865-531-3839.



Ronald McDonald House: We will be providing a meal to families staying at the Ronald McDonald House this month. Side dishes, milk, and fresh fruit will be delivered to the House on **Wednesday, February 22.** If you would like to help with this meal, please contact Donna at penguin7@prodigy.net or 865-531-3839.

All Saints Yarn Ministry is accepting and ***in need of*** donations of the following:



- * Bulky yarn for scarves, hats, baby blankets or lap blankets
- * Size 4 yarn for baby blankets and trim, hats
- * Cotton yarn for washcloths and baby bibs
- * Fleece fabric and baby flannel fabric for baby blankets and lap blankets

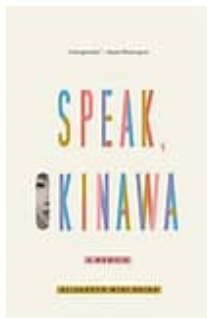
Homemade items are donated to Samaritan's Place, KARM, Ladies of Charity and Children's Hospital. Contact Jamie Horning at jandjhorning@gmail.com to donate. The Yarn Ministry thanks all who have supported them in the past.



Book Club



The Prime Timers Book Club usually meets the **4th Tuesday** of each month. Feel free to join us any time to discuss any or all books that you may find interesting. The February selection for the book club is:



Speak, Okinawa: A Memoir by Elizabeth Miki Brina is a “hauntingly beautiful memoir about family and identity” and a young woman's journey to understanding her complicated parents – her mother an Okinawan war bride, her father a Vietnam veteran – and her own, fraught cultural heritage. The language barrier and power imbalance that defined their early relationship followed them to the predominantly white, upstate New York suburb where they moved to raise their only daughter. Decades later, the daughter comes to recognize the shame and self-loathing that haunt both her and her mother, and attempts a form of reconciliation. Clear-eyed and profoundly humane, the book is a startling accomplishment – a heartfelt exploration of identity, inheritance, forgiveness, and what it means to be an American.

The book club will meet on **Tuesday, February 28** at **7:00 p.m.** in All Saints Office Meeting Room A. We will also connect via Zoom for those who cannot meet in person. If you are interested in reading and joining us in discussing this book, please contact Donna at penquin7@prodigy.net or 865-310-4281.



To access the discussion via Zoom, click the link below and enter the meeting ID and password.

<https://us02web.zoom.us/j/86293075744?pwd=aU4xZVRQWVBIN0F3Rkw5emZqL0pLdz09>

Meeting ID: 862 9307 5744

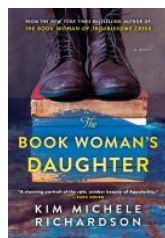
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Here are the books we will be reading in the next couple of months:



March: *Lessons in Chemistry* by Bonnie Garmus is about chemist Elizabeth Zott – not your average woman. But it's the early 1960s and her all-male team at Hastings Research Institute takes a very unscientific view of equality. But

like science, life is unpredictable. Which is why a few years later Elizabeth Zott finds herself not only a single mother, but the reluctant star of America's most beloved cooking show *Supper at Six*. Elizabeth's unusual approach to cooking (“combine one tablespoon acetic acid with a pinch of sodium chloride”) proves revolutionary. Elizabeth isn't just teaching women to cook. She's daring them to change the status quo. *Lessons in Chemistry* is laugh-out-loud funny, shrewdly observant, and studded with a dazzling cast of supporting characters.



April: *The Bookwoman's Daughter* by Kim Michele Richardson, follows the story of Troublesome Creek's packhorse librarian's daughter, whose family has been in hiding from the law all her life. But when her mother and father are

imprisoned, Honey realizes she must fight to stay free, or risk being sent away for good. Picking up her mother's old packhorse library route, Honey begins to deliver books to the remote hollers of Appalachia. Honey is looking to prove that she doesn't need anyone telling her how to survive. But the route can be treacherous, and some folks aren't as keen to let a woman pave her own way. If Honey wants the freedom to bring books to the families who need it most, she's going to have to fight for her place and, along the way, learn that the extraordinary women who run the hills and hollers can make all the difference in the world.

Upcoming Prime Timers Activities



Lunch and Learn the Parish Hall in with Dr. Monica Crane who will speak on advances in the treatment of Alzheimers on **Wednesday, March 15**. (Date change due to scheduling issue with Dr. Crane.)

Afternoon tea social with a demonstration on flower arranging (Date to be determined).



Upcoming Parish-Wide Activities

MARY AND THE CHURCH. All women of the parish are invited to join the *Women of Faith* Bible Study Group, beginning **Thursday, February 9, at 10 a.m.** in the Parish Hall. Deacon Tim Elliott will be teaching a class on *"Mary and the Church"* each Thursday from February 9 until March 30. There will be a couple of different classes mixed into the study with the movie "The Letter" on February 23 and a one-woman Passion play "The Heart of the Cross" from professional actor Olivia Woodford, breakfast and Deanery meeting on March 23. What a great way to enrich your Lent! For more information contact Susan at suann79@aol.com.



This will be a great way to journey through the Lenten season together to learn and grow in faith in a variety of formats. Feel free to invite a friend as we have room in the Hall.

END OF LIFE PLANNING. There will be a presentation on **END OF LIFE PLANNING** on **February 11** from 10:00 a.m. to 2:00 p.m. in the Parish Hall (lunch provided), including the following topics:

- ❖ The Mystery of Suffering and End of Life Decisions – Paul Simoneau, Vice Chancellor for the Diocese of Knoxville
- ❖ Frequently Asked Questions about Funeral Planning – Janie McCullah, a licensed Funeral Director from Click Funeral Home
- ❖ Why This Is the Best Gift for Your Loved Ones – Fr. Doug Owens

Register Online at <https://www.allsaintsknoxville.org/end-of-life-seminar-registration>. You may also contact Christine Luncheon at cluncheon@dioknox.org.

WORLD MARRIAGE DAY. Our parish-wide celebration of **WORLD MARRIAGE DAY** will be held on **February 17**. If you are a registered parishioner, celebrating a milestone sacramental wedding anniversary (1, 5, 10, 15 years, etc.) you should have received an invitation from the Parish in January. This is a favorite event, beginning with Mass in the Church and dinner and dancing in the hall afterwards.



FISH FRY

FRIDAY



Lent 2023 is fast approaching! Knights of Columbus Council 15706 will be hosting a Fish Fry every Friday during Lent. Put these dates down:

- 2/24/2023
- 3/4/2023
- 3/10/2023
- 3/17/2023
- 3/24/2023
- 3/31/2023



Menu includes:

- Fried fish
- French fries
- Hush puppies
- Cole Slaw

Lenten Confession Schedule

- Saturdays after the 9:00 am Mass
- Sundays between Masses
- Wednesdays from 5:00 p.m. to 6:00 p.m.



Feast of Saint Blaise – February 3



In honor of the Feast of St. Blaise, the blessing throats at All Saints Parish will take place during all Masses the weekend of February 4th and 5th.

Through the intercession of St. Blaise, bishop and martyr, may God preserve you from throat troubles and every other evil. In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.

It's to Laugh

What did the bird ask its friend when it was worried about aging?

(Answer on page 12)



Thought for the Day



“Focus” – Philippians 4:8

Feeling a little stressed with life challenges? Well, talk to the One who can bring peace, strength and joy to you. Seek the Lord's/God's presence and take Him with you wherever you go and do. Let Him take the stress and challenges from you and “Focus” on Him with His love & blessings. Doing this opens your living to a less painful and stressful life when the “Focus” is on the Lord/God (the Healer) of stress.

Prime Timers in Need of Prayers

Please keep in your prayers: Lucy Kaz (hip), John Luetke (surgery), Vader Ernst (infant grandson of Bob Ernst), Bob Ernst, Ray Bieniek, Bill Friedhofer, Jerry Palko, Ron Kinlen, Sheila Murphy, and Keith Ely. May God grant them, as well as their caregivers and caretakers, comfort, strength, and peace as they face health challenges.



Prayer Blankets



Prayer Blankets are available in the Parish office for those who are in the hospital or are seriously ill. Please contact the All Saints office at 865-531-0770 or email Meghan at meghan.forbes@allsaintsknoxville.com to order a prayer blanket. Blankets are for anyone in need—not just an All Saints Parishioner

A Prayer for Ukraine



Loving God, we pray for the people of Ukraine, for all those suffering and afraid, that You will be close to them and protect them. We pray for world leaders, for compassion, strength and wisdom to guide their choices. We pray for the world that in this moment of crisis, we may reach out in solidarity to our brothers and sisters in need. May we walk in Your ways so that peace and justice become a reality for the people of Ukraine and for all the world. In Jesus's holy Name we pray. Amen.

Divine Mercy Prayer Team

The purpose of the team is to pray for the sick and especially for those who may be dying on a particular day. You simply go to a parking lot of a hospital or nursing home and pray the Divine Mercy Chaplet in your car. Sign up is easy and can be done by visiting: <https://www.allsaintsknoxville.org/divinemercy>



Ongoing Parish Activities



Rosary for Our Country


A Rosary for Our Country is prayed **each Monday at 6:30 p.m.** in the Church. All are welcome to join. Contact Kathy Ernst at 865-548-8209 or kathy_ernst@yahoo.com.

Monthly Veterans' Group Meeting – Military Support


St. George Veterans Group meets **every first Friday** (usually) around 9:30 a.m. (after the 9 a.m. Mass) in the Parish Office Room C off the narthex. Coffee and donuts will be available for you to enjoy. If you are interested in some great conversation listening to others' stories, come on down and join in the camaraderie with your fellow veterans!! Bring a friend if you'd like. If you have any questions, contact Kathy at 865-548-8209 or kathy_ernst@yahoo.com.



Note: The All Saints Military Support Group is updating its bulletin board in the narthex, and would like to honor all active service members connected to All Saints Parish. If you are a service member (or have family members in the service, even if they are not here in Knoxville), we as a parish would like to pray for you! Please bring a 4x6 photo to the office or attach a photo to an email and send to meghan.forbes@allsaintsknoxville.com. Please include name and relation to family.



Prayer for our Troops and Health Care Providers:
Lord, hold our troops and health care providers in your loving hands. Protect them as they protect us. Bless them and their families for the selfless acts they perform for us in our time of need. I ask this in the name of Jesus, Our Lord and Savior. Amen.



Did You Know...

The tradition of eating pancakes on Mardi Gras or Shrove Tuesday started when Pope St. Gregory prohibited Christians from eating all forms of meat and animal products during Lent around A.D. 600. He told St. Augustine of Canterbury, a founder of the Christian church in southern England, to enforce those same fasting rules in England. So, Christians made pancakes to use up their supply of eggs, milk and butter in preparation for Lent. When the tradition spread throughout Europe, people in France followed the trend. They made waffles, crepes and a dessert many know as king cake to use up their dairy products. They called it Mardi Gras. And the English named it Pancake Day.



Origins of Mardi Gras



Mardi Gras is a centuries-old tradition that dates back to the Middle Ages. It was initially celebrated by European Christians as a way to mark the beginning of Lent and to prepare for the fasting period of Easter. Today, it is one of the world's most colorful and vibrant festivals, featuring party-like parades, elaborate costumes, lively music, and indulgent feasting.

Mardi Gras' origins can be traced back to types of ancient pagan festivals and medieval European traditions of celebrations held in anticipation of spring. Upon the arrival of Christianity to Europe, these festivals morphed into religious holidays, as it was easier to combine rather than abolish the region's established traditions into the new religion. These specific festivals' dates coincided with the Easter holiday. Thus, Mardi Gras became the 6-week prelude to Lent, the 40-day period of fasting that precedes Easter.

The celebration was passionately adopted by French Catholics and was initially called "*Boeuf Gras*," or "*fatted calf*." Later on, the name "*Mardi Gras*," which translates to "*Fat Tuesday*," gained favor as the holiday's preferred title, since the last day of the festival season was celebrated on the Tuesday preceding Ash Wednesday.

As Christianity spread throughout Europe, so did the adopted pre-Lenten festivities. In England, Mardi Gras became known as Shrove Tuesday or Pancake Day. The name of the holiday derives from when Anglo-Saxon Christians were summoned by the tolling of a bell to come to confession prior to starting Lent. This bell came to be called the "Pancake Bell." Once absolved from their sins, otherwise known as "*shriven*," individuals would head home to use the last of the household's indulgent and fattening ingredients prior to the Lenten fast. Pancakes, customarily made using butter and eggs and topped with syrup, sweetened fruit preserves, or chocolate, checked these required boxes, thus explaining the inevitable adoption of the name Pancake Day.



What a Time We Had!

Souper Supper – January 13

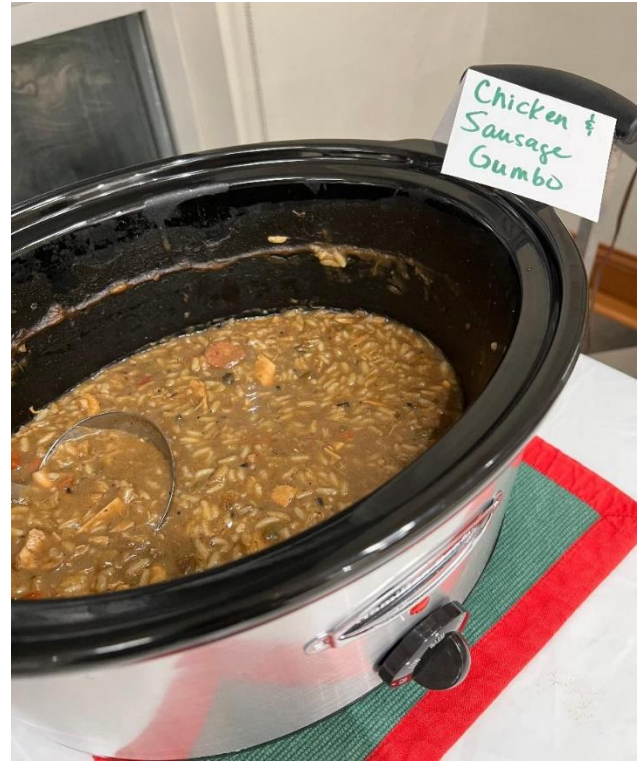
The Souper Supper on January 13 was Super! Over 40 Prime Timers tasted eleven different varieties of soup – from mushroom bisque to chili, minestrone to chicken & sausage gumbo, beef cabbage to lasagna – and several more. Once the tastings were over, a vote for the "super soup" was held, and bowls of soup were consumed.

The soups were accompanied by corn bread and baguettes, salads, and followed by a variety of desserts. Even the weather cooperated by being cold and rain – perfect for eating soup!



And the "Silver Ladle Award" Goes to.....

Jim Horning for his chicken & sausage gumbo, which beat out Geri McPheron's mushroom bisque by one vote!





Chinese New Year Celebration at Asia Kitchen – January 25

And what a celebration it was! Nearly 60 Prime Timers celebrated the Year of the Rabbit with a sampling of traditional Chinese dishes, including General Tao's Chicken, Sesame Chicken, Beef and Broccoli, Veggie Lo Mein and egg rolls. Chinese customs were reviewed, fortunes were told, and fellowship abounded. One table was fortunate to be entertained by Werner Stierle who just happened to have his harmonica with him!

Special thanks to the staff at the restaurant for making this one of the Prime Timers favorite events! Welcome to newcomers Jacqui and John Cecalupo and Al Legrande!





Happy Chinese New Year!

and

Happy Valentine's Day!!



Answer to riddle: **Do you think I have crow's feet?**